

SUMMER bucket list



Virtual Pregnancy & Parenting Classes on Monday, 10-11 am



Private Appointments & Shopping Available on Tuesdays



Wellness Wednesday Classes at APO (no childcare; children under 6 months attend class with mom), 10am - 11pm



Grab & Go at APO, 10am - 1pm. Come get diapers, wipes, & more!



Fun Friday! (alternate Home Visits by appointment only, or playground or splash pad at APO, 10 - 11am. See website or social media for calendar.

Things to Know:

- Wednesdays: Taught by APO RN. No childcare available for summer classes; children under 6 months may attend class with mom. Brunch Bags provided.
- Fridays: Home Visits (by appointment only), Splash Pad (Children 5 and under ONLY) & Playground typically alternate weeks. MUST RSVP for Fun Friday Splash Pad days- Only 20 Spots!



RSVP

