

Guideline for Meal Providers



QUANTITY – To feed 15-18 (includes kids)

WHEN – Please deliver food between 11:15-11:45 am. **hot and ready to serve.**

DISHES – Disposable containers are preferred

WHERE – Lincoln House of Hope - 1013 Eleanor Street, College Station, Texas

PLEASE PROVIDE	SUGGESTIONS	SERVINGS
Main Dish	Baked chicken—in serving size pieces Fried chicken--mixed dark and white meat Taco meat with cheese and sour cream Brisket--sliced or chopped Stuffed baked potatoes (bbq or taco meat) Barbecued sausage--sliced Meatloaf--sliced, not too peppery Hamburger-based casseroles with pasta, potatoes, or rice Enchiladas, Spaghetti, Lasagna Chicken Spaghetti	1 serving meat equals: <ul style="list-style-type: none"> • 4 oz. boneless meat (6 oz. uncooked) • 2 oz. cooked if in soup or casserole (3 oz. Uncooked)
Vegetable-plain	Green beans, corn, green peas, mashed potatoes, baked potatoes, sweet potatoes, carrots OR veg and salad with dressing on the side (Ranch dressing preferred)	1 serving equals: <ul style="list-style-type: none"> • ½ cup
Fruit	Whatever is in season	1 serving equals: <ul style="list-style-type: none"> • ½ cup
Starch	Bread, taco shells, cornbread, biscuits, tortillas	1 serving equals 1 bread or 2 tortillas/tacos
Dessert	Cookies, brownies, cake (some without nuts). Please avoid sprinkles as they tend to get ground into carpet.	1 serving equals 2 cookies or 1 bar/slice

APO WILL PROVIDE ALL PAPER GOODS AND DRINKS.